

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melders Peter HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 32: 200M BREASTSTROKE MEN					Heat:3, starttime: 09:33
Heat: 3/6 Lane : 8 Athlete: ORIS TIM					Q-time: 02:33:29
PB (50m pool): 02:33.29 Antwerpen 22/03/2026					PB (25m pool): 02:26.62 SB: 02:33.29 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.86	01:12.36	01:51.74	02:33.29	
	00:33.86	00:38.50	00:39.38	00:41.55	
					

Coach feedback:

Event number: 32: 200M BREASTSTROKE MEN					Heat:4, starttime: 09:37
Heat: 4/6 Lane : 3 Athlete: VRANKEN BARTEL					Q-time: 02:19:37
PB (50m pool): 02:19.37 Antwerpen 22/03/2026					PB (25m pool): 02:14.14 SB: 02:19.37 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.17	01:06.42	01:42.35	02:19.37	
	00:31.17	00:35.25	00:35.93	00:37.02	
					

Coach feedback:

Event number: 32: 200M BREASTSTROKE MEN					Heat:6, starttime: 09:43
Heat: 6/6 Lane : 7 Athlete: METTEN VINCE					Q-time: 02:24:61
PB (50m pool): 02:24.61 Antwerpen 22/03/2026					PB (25m pool): 02:22.13 SB: 02:24.61 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.66	01:09.88	01:47.69	02:24.61	
	00:32.66	00:37.22	00:37.81	00:36.92	
					

Coach feedback:

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: DMB

Event number: 33: 100M BACKSTROKE WOMEN				Heat:8, starttime: 10:02	
Heat: 8/10 Lane : 5 Athlete: BUSSELS FLEUR				Q-time: 01:03:76	
PB (50m pool): 01:03.76 Antwerpen 27/07/2025				PB (25m pool): 01:01.11 SB: 01:03.84 Zwembad Brigitte Becue 26/04/2026	
	5 0 M	1 0 0 M			
PB	00:30.89	01:03.76			
	00:30.89	00:32.87			
					

Coach feedback:

Event number: 33: 100M BACKSTROKE WOMEN				Heat:10, starttime: 10:07	
Heat: 10/10 Lane : 4 Athlete: VANOTTERDIJK ROOS				Q-time: 00:58:97	
PB (50m pool): 00:58.97 Antwerp 09/02/2025				PB (25m pool): 00:56.78 SB: no time	
	5 0 M	1 0 0 M			
PB	00:28.82	00:58.97			
	00:28.82	00:30.15			
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE WOMEN					Heat:5, starttime: 10:30	
Heat: 5/5 Lane : 5 Athlete: VANOTTERDIJK ROOS					Q-time: 02:30:92	
PB (50m pool): no time					PB (25m pool): 02:18.07 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN				Heat:2, starttime: 10:37	
Heat: 2/8 Lane : 4 Athlete: VEESTRAETEN MATS				Q-time: 01:05:31	
PB (50m pool): 01:03.37 ANTWERPEN 30/07/2023				PB (25m pool): 01:02.00 SB: 01:07.37 Genk 01/02/2026	
	5 0 M	1 0 0 M			
PB	no time	01:03.37			
	no time				
					

Coach feedback:

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: DMB

Event number: 37: 50M FREESTYLE WOMEN				Heat:7, starttime: 10:58	
Heat: 7/9 Lane : 4 Athlete: BUSSELS FLEUR				Q-time: 00:25:57	
PB (50m pool): 00:25.57 Antwerpen 22/03/2026				PB (25m pool): 00:25.86 SB: 00:25.57 Antwerpen 22/03/2026	
	5 0 M				
PB	00:25.57				
	00:25.57				
					

Coach feedback:

Event number: 37: 50M FREESTYLE WOMEN				Heat:8, starttime: 10:59	
Heat: 8/9 Lane : 4 Athlete: VANOTTERDIJK ROOS				Q-time: 00:24:83	
PB (50m pool): 00:24.83 Antwerpen 27/04/2025				PB (25m pool): 00:24.14 SB: no time	
	5 0 M				
PB	00:24.83				
	00:24.83				
					

Coach feedback:

Event number: 38: 200M MEDLEY MEN					Heat:2, starttime: 11:05	
Heat: 2/5 Lane : 1 Athlete: ORIS TIM					Q-time: 02:18:86	
PB (50m pool): 02:18.86 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 02:12.57 SB: 02:18.86 Zwembad Brigitte Becue 26/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:29.68	01:07.79	01:47.34	02:18.86		
	00:29.68	00:38.11	00:39.55	00:31.52		
						

Coach feedback: